

*understanding*  
**Brain  
INJURY**



**FREE**

**Public Workshops**

Our **free**, informative public workshops are designed for people living with brain injury, their family and friends. These meetings are held at convenient community locations throughout the year (*see schedule at right*). At these sessions we talk about how the brain works, and what happens after a brain injury. A discussion about what can help, and how to find community resources is included.

**2018**

**Public Workshop  
SCHEDULE**

**Tuesday February 6th**

6:00 p.m. – 8:00 p.m.  
*North Nanaimo Library*

**Tuesday April 10th**

6:00 p.m. – 8:00 p.m.  
*Downtown Harbourfront Library*

**Tuesday June 12th**

6:00 p.m. – 8:00 p.m.  
*North Nanaimo Library*

**Tuesday September 18th**

6:00 p.m. – 8:00 p.m.  
*Tillicum Health Centre*

**Tuesday November 13th**

6:00 p.m. – 8:00 p.m.  
*North Nanaimo Library*



For more information  
contact Adrienne Bennest  
NBIS Education and Community Liaison  
adrienne@nbis.ca  
250-753-5600 ext, 202