



## **Cognitive Rehab Program Assistant Part Time Contract (1 year)**

**Position:** Rehab Assistant (RA), part-time, 1 year contract

**Hours:** 6 Hours/Week, 2 days/week, 3 hours/session

**Hourly Rate:** \$30 - \$40/hour depending on experience

**Start Date:** February 1, 2022

Nanaimo Brain Injury Society is excited to launch a new cognitive rehab program for people with acquired brain injury. Powered by the ABI Wellness BEARS (Brain Enhancement and Recovery) platform, the cognitive rehab program uses cognitive training, cardio, mindfulness and real-time progress tracking to help participants reclaim their lives after brain injury.

The position start date is February 1, 2022 with approx. 15-20 hours of facilitator training on the BEARS platform. The training is mandatory and delivered online. The course and RA training time would be paid for by NBIS. Following the training, the RA will ensure the program space is ready, order any equipment needed, assist in preparing for the program launch (April 2022), and work in-person with participants on location in Nanaimo throughout the program.

### **Job Duties:**

Working with oversight from an Occupational Therapist (OT), the RA will facilitate the cognitive rehab program:

- Attend mandatory online program training, including the Brain Enhancement and Recovery (BEARS) platform
- Meet and communicate with OT as needed
- Communicate NBIS policy and procedures to clients and family members/caregivers as required
- Set schedules for each client
- Administer client assessments
- Set up the program room for clients, ensure equipment is clean, safe and fully functioning.
- Follow COVID protocols, clean equipment and room after each use
- Instruct clients on cognitive and physical exercise procedures and goals
- Monitor and track client progress, ensuring procedures are followed and clients are actively engaged
- Analyze client progress through the exercises and problem solve as required
- Foster client self-confidence self-reliance at every opportunity
- Motivate all clients to achieve their best performance
- Champion diversity, equity and inclusion
- Other related duties as required

### **Job Qualifications:**

- Minimum of a BA in related field required with at least 3 years of experience working in related capacity. Relevant experience may be substituted for education.
- Experience working with adults with disabilities, brain injuries and/or complex health issues specifically supporting with physical and cognitive programs and helping clients to safely perform exercises.
- Self-motivated with the ability to complete work and projects within given timelines, while also having the ability to work well with others
- Excellent verbal and written communication skills.
- Attention to detail and ability to clearly and compassionately explain concepts to participants
- Skilled in working with technology, including MS Office and online platforms

### **Additional Requirements:**

- Criminal Record Check
- Fully vaccinated under most recent COVID-19 and influenza protocols
- Hold relevant insurance for fitness programming

**Posting closes January 14<sup>th</sup>, 2022.**

**Send resume and cover letter to Kix Citton, Executive Director [ed@nbis.ca](mailto:ed@nbis.ca)**